



National School Lunch Program
Alaska Income Eligibility Guidelines Free & Reduced Price Meals

Child Nutrition Programs
Finance & Support Services
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An income scale is used to determine eligibility for free and reduced-price meals.

Do Not Send Out with Parent Letter.

Alaska Income Eligibility Guidelines
July 1, 2022- June 30, 2023

Reduced Price Meals – 185% of Federal Poverty Guidelines

Household Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	31,432	2,620	1,310	1,209	605
2	42,347	3,529	1,765	1,629	815
3	53,262	4,439	2,220	2,049	1,025
4	64,177	5,349	2,675	2,469	1,235
5	75,092	6,258	3,129	2,889	1,445
6	86,007	7,168	3,584	3,308	1,654
7	96,922	8,077	4,039	3,728	1,864
8	107,837	8,987	4,494	4,148	2,074
For Each Additional family member add:	10,915	910	455	420	210

Free Meals – 130% of Federal Poverty Guidelines

Household Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	22,087	1,841	921	850	425
2	29,757	2,480	1,240	1,145	573
3	37,427	3,119	1,560	1,440	720
4	45,097	3,759	1,880	1,735	868
5	52,767	4,398	2,199	2,030	1,015
6	60,437	5,037	2,519	2,325	1,163
7	68,107	5,676	2,838	2,620	1,310
8	75,777	6,315	3,158	2,915	1,458
For each additional family member add:	7,670	640	320	295	148

Definitions

Family: A household or family is defined as a group of related or unrelated individuals who are living as one economic unit.

Income: Income is the money received by any member of the household before such deductions as taxes and Social Security. It includes the following: salary or wages; earnings from self-employment, Social Security, pensions, retirement and disability payments; and other cash income received or withdrawn from any source which would be available for payment of a child's meal. Food Stamp benefits are not included.

Current income is determined by the income received by all members of the household during the month prior to application. But if this income was much higher or lower than usual, the expected income for this year (12 months starting from the month prior to application) should be used. For example, self-employed people such as fishermen and farmers should use yearly income.

The information below represents types of groups that qualify for free meals under the National School Lunch Program either by Assistance Program participation, and Other Source Categorical Eligibility designations:

Direct Certification Groups are as follows:

Supplemental Nutrition Assistance Program (SNAP);

Food Distribution Program on Indian Reservations (FDPIR); or

Temporary Assistance for Needy Families (TANF), if the State program meets Federal standards.

Other Source Categorically Eligible:

Homeless,

Migrant,

Runaway,

Foster Child, or

Enrolled in Head Start or an eligible pre-kindergarten program

Non-Discrimination Statement:

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. **fax:**
(833) 256-1665 or (202) 690-7442; or
3. **email:**
program.intake@usda.gov

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